

## PROGRAM

# European Gamechangers Train-the-Trainer: How to Manage Polarized and Polarizing Groups

With kind support of the European Union and Stiftung Deutsche Klassenlotterie Berlin

**Monday, 24. February 2025 | 19:00 –  
Thursday, 27. February 2025 | 10:00**

### **Navigating Polarization in Training:**

Equip yourself to handle societal divides with confidence.

### **Key Skills for Trainers:**

- Promote respectful, fact-based dialogue.
- Counter misinformation and debunk conspiracy theories.
- Manage challenging group dynamics effectively.

### **Empowerment Through Strategies:**

- Foster critical thinking and collaborative discussion.
- Create a safe, constructive environment.

### **Outcome:**

Build authority and maintain conviction in polarizing contexts.



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**Monday, 24. February 2025 | Arrival**

Until 19:00 | **Arrival and Check-In**

**Tuesday, 25. February 2025 | Confident Appearance and Moderation Techniques**

07:30 – 09:30	<b>Breakfast</b>
09:30 – 11:00	<b>Welcome and Introduction</b> SOFIA ELEFTHERIADI Senior Expert, EAB
11:00 – 12:30	<b>The Trainer’s Role in Strengthening Democracy: Navigating Misinformation and Polarization</b> Input Tba.
12:30 – 13:30	Lunch break
13:30 – 15:30	<b>Moderation Techniques: Guiding Polarized Discussions</b> Workshop Tba.
15:30 – 16:00	Coffee break
16:00 – 17:30	<b>Practical Exercises</b> Group Work
17:30 – 18:00	<b>Conclusion of the day</b> SOFIA ELEFTHERIADI Senior Expert, EAB
18:00 – 19:00	Dinner at the EAB

**Wednesday, 26. February 2025 | Managing Polarized and Polarizing Groups**

09:30 – 10:00	<b>Welcome</b> SOFIA ELEFTHERIADI Senior Expert, EAB
10:00 – 12:30	<b>Talking to and with Polarized and Polarizing Groups</b> Workshop PROF. DR. GERNOT WOLFRAM Professor for Media and Communication Management, Macromedia University of Berlin  DR. CHRISTIAN JOHANN Director, EAB
12:30 – 13:30	Lunch break

13:30 – 15:00	<b>Exercises</b> Workshop Tba.
15:00 – 15:30	Coffee break
15:30 – 17:00	<b>Practical Exercises</b> Group Work
17:00 – 18:00	<b>Conclusion of the Seminar</b> SOFIA ELEFTHERIADI Senior Expert, EAB
18:00 – 19:00	Dinner at the EAB

**Thursday, 27. February 2025 | Departure**

07:00 – 10:00	<b>Breakfast</b>
Until 10:00	<b>Check-Out and Departure</b>

## PROGRAM CONCEPTION & MODERATION

Sofia Eleftheriadi-Zacharaki  
Consultant for political education

## PROJECT MANAGEMENT

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## THE EUROPEAN ACADEMY

Understanding Europe. Shaping Europe. This maxim encapsulates the aim of the European Academy Berlin (EAB). Since 1963, the Academy as non-profit and non-party institution has been organizing seminars and conferences on European topics, bringing together visitors from Germany and abroad. The Academy is an acknowledged player in European civic education, a competent service provider as well as partner in the fields of international education, seminar and project management, and is a venue for learning, encounter and meeting with its own individual atmosphere.

## DIRECTIONS



**Bus M19** Station Taubertstraße  
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